

ABOUT

# TINA CHEUNG

meet Tina

Tina comes from an intensive background in classical ballet, lyrical, contemporary and jazz.

Her training includes the Royal Winnipeg of Ballet and National Ballet School, receiving advanced distinction. As a soloist she won Dancer of the Year at a national level. Tina's talent and stamina has given her the opportunities to star as Clara in the Nutcracker ballet production, co choreograph from musical productions such as Cinderella, and work on television shows.

As a teacher, Tina strongly believes in striving for excellence while emphasizing the importance of fostering a healthy relationship with dance. Her passion for movement and expression is what ultimately gives her such drive as she believes in the therapeutic value of telling your story with your body and how that gives you the ability to withstand whatever life throws your way.



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